

EMPOWERING Asylum Seekers Adapting to Life in Ireland

• Educational Workshops •



1. Introduction to Irish Culture
with Susan McKeown
and special guests
• Wednesday 22 March 8-9:15PM •

2. Ask Your Asylum Questions**
with Lucky Khambule (MASI), Susan McKeown
and Niloufar Omidi

• Wednesday 29 March February 8-9:15PM •

***Email your anonymous questions in advance
to: contact@cualafoundation.com*



**3. Wellbeing: How to cope with fear,
anxiety, depression, bullying and more** with
Lucky Khambule, Susan McKeown, Ejiro Ogbevoen,
and Niloufar Omidi.

• Wednesday 5 April 8-9:15PM •

A CUALA project supported by the International Protection Integration Fund



Ireland
New York
Los Angeles

We co-create new systems
of community healing



An Roinn Leanaí, Comhionannais,
Míchumais, Lánpháirtíochta agus Óige
Department of Children, Equality,
Disability, Integration and Youth



SCAN ME